



OLDHAM HOCKEY CLUB – SPORT RISK ASSESSMENT

Risk / Hazard	Prevention	Actioned
Pitch Dangers	Check for dangerous objects such as glass. Check goal posts are safe and secure. Check pitch in cold weather for frozen patches and ice. Pitch – ensure any unused goals are not too close to side lines – cross bars are potentially at head height to some. Check for dangerous objects such as glass.	Every session. Check the pitch for any potential dangers. Joint decision between coaches whether the pitch is playable or not.
Damage to teeth and mouth	Encourage members to wear properly fitted gum shields. Provide opportunity for players to have personal gum shields fitted at the start of each season.	Regular communication with members.
Injury	Encourage members to wear shin guards. No jewellery to be worn. Develop controlled stick use. No hitting during 'free time' – only passing between players. Always carry out proper warm up, stretches and warm down routines.	Regular communication with members. Each group / team to have a first aid kit clearly labelled and easily accessible at each match. At least one first aid kit accessible at each training session.
Injury to spectators	Ensure that spectators remain an adequate distance from the side-line.	Regular communication with spectators.
Dehydration	Players are encouraged to bring water bottles to games.	Regular communication with members.
Poor weather conditions	Umpires or coaches must call off training or matches if the conditions are deemed potentially unsafe.	Decision whether the conditions are playable or not.